



Cygnets Parenting



Cygnets parenting is a specialist programme, designed for parents/carers of children and young people with a diagnosis of Autistic Spectrum Disorder (ASD).

The Barnados- Cygnets Autism programme is a **7 week** course for parents of children aged **5-16 years** with Autism. Parents of children with Autism face all the usual positive and difficult challenges of parenting, and quite a few more with the autistic population being a vulnerable group. Cygnets combines practical strategies and support for parents specifically around Autism. The sessions are run by staff from the school nursing service that have been trained to run these groups.

Cygnets parenting aims to empower parents/carers and to increase their understanding of the strengths and difficulties associated with ASD.

Sessions include:

- Autism and diagnosis
- Communication
- Sensory issues
- Understanding and managing behaviour



The next course will start on:

Friday 13th September 2019
9.30am-12.30pm

Rushall JMI School
Pelsall Lane
Walsall
WS4 1NG

*(Please note – this group is for parents/carers of children attending the following Special/Additional Resource Provision schools: **Oakwood Special School, Old Hall Special School, Mary Elliot, Jane Lane, Castle, Phoenix Academy, Elmwood, Bentley West, Rushall JMI, Lindens Primary, The Ladder School and St. Francis of Assisi**)*

If you are a parent or carer and you would like further information or to book a place on the above course then please contact us by email or phone:

Email: wellbeing@walsallhealthcare.nhs.uk

Phone: **Sam Masood (School Nursing Service) on Tel: 01922 423292**

